## Weekly CMS Bruin News

Volume 1 Number 17 February 6, 2017

### Mrs. Hudson's Headlines

Career Fair The CMS Career Fair was great. 8th grade students from all schools in the district came and participated, as well as all CMS students. A huge shout out to Ms. Midcap and the other District middle school counselors for making it a great day for students.

Parent teacher conferences will be held this Wednesday, February 8th, from 4:00 - 8:00pm. We will hold them in the gym again and look forward to seeing you.

**School Dance** is this Friday from 5:30pm - 7:30 pm. This should be a really good time for all students and concessions will be available for students to purchase. Students do not have to be eligible to attend.

We have moved the start time of the **Bruin Pride club** meetings to 5:00 p.m. in hopes of a few more parents being able to attend. Our next meeting is on Monday, February 27 (Monday after break).

**8th grade parents** have scheduled their next meeting to plan for the 8th grade end of middle school party. It is scheduled for 6:00 on Jan. 27th, following the Bruin Pride Club meeting in the library.

Delaine Hudson

### **School/Parent Information**

Please check out our CMS website: Cms.deltaschools.com

"Sleep is just as important for your well-being as nutrition and physical activity. The amount and quality of sleep you have can affect your safety, how alert you are, maintaining memory, your moods, behavior, and learning abilities. Establishing good sleep schedules will benefit you for years to come. If you are having any trouble with sleep at night, you should be seeking advice from a parent or your medical provider. Have a great week, don't forget how important your sleep is - from A Kidz Clinic."

## <u>DATES TO REMEMBER</u>

- Parent Teacher Conferences
   Parent teacher conferences for second semester will be held on:February 8th 4:00 pm 8:00 pm Cedaredge Middle School Gvm
- <u>All County Band Monday Feb.</u> 6th all day.
- <u>All County Choir</u> Monday Feb. 13th all day.
- 7th & 8th grade Wrestling practice starts Monday Feb. 6th after school.
- <u>STUDENTS ON SNOW</u> Tuesday Feb 21- 23. Registration forms available at the office. Register by Feb 15, if you have questions contact Ms. Midcap in the office or at:

kaliemidcap@deltaschools.com

# Mrs. Rupp's Sports Report



## 8th grade Girls Basketball

The 8th grade girls remain undefeated so far in the 2017 season! Thursday's game concluded in a spectacular Bruin victory over Paonia. The next game is against Delta on Thursday the 9th at home starting at 4:00.

### 7th Grade Girls Basketball

Last week the 7th grade A team dominated Paonia's A team, however the B team fell to Paonia in what proved to be a tough game. The seventh grade's next games are in Delta on Thursday the 9th beginning with the B team at 4:00.



### MORNING WEIGHT LIFTING

Do you want to build your confidence, meet new people, and improve your level of fitness? The CHS weight room is open to 7th and 8th graders for an early morning workout from 7:15 to 7:50. Students focus on proper technique before lifting a good deal of weight.