

CMS BRUINS NEWSLETTER

VOLUME 5 ISSUE 20

ATTITUDE + EFFORT = SUCCESS FOR ALL!!!

February 4, 2019

Mrs. Hudson's Headlines

Congratulations to the January Students of the Month!!!

Kaydee Aviles, Aniyha Cohick, Tel Geyer, Nolan Hanson, Alliyah Hawbaker, Anita King, Tierre Koehn, David Martinez, Kayla Mitchell, Mozelle Palmer, Graceanne Prosser, Hunter Pulver, and Taylor Vincent. We are so proud of the great work these students do each and every day at CMS!

Finding the Real Me lunch support group will begin on Tuesday, February 5th. This group is provide support for better eating habits and to help those who struggle with self-doubt. All students welcome to attend.

Grief Group - There will be a grief group facilitated through the counseling office and **Hope West** beginning in March. If you would like your student to be a part of this group, please contact Mrs. McHugh.

Bruin Pride club will meet in the library or office conference room at 4:00 on February 25.

Delaine Hudson, Principal

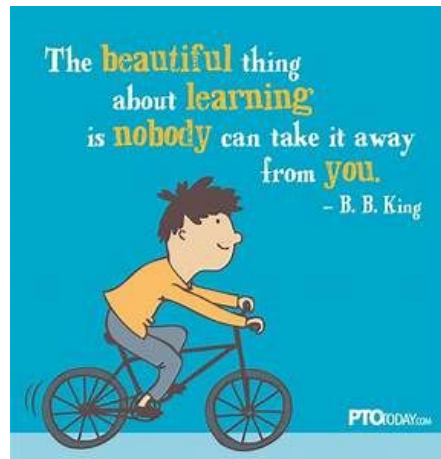
- ◆ February 5 - Girls basketball vs Hotchkiss - 4:00 pm
 - 7th @ home
 - 8th @ Hotchkiss K-8
- ◆ February 7 - Girls basketball vs Delta - 4:00 pm
 - 7th @ Delta
 - 8th @ home
- ◆ February 11 - 8A Girls basketball vs Paonia @ home
- ◆ February 11 - Wrestling practice begins
- ◆ February 15 - Trimester 2 ends
- ◆ February 16 - Girls basketball tournament @ CMS and CHS

School/Parent Information

Please check out our CMS website:

Cms.deltaschools.com

CMS Vision Statement is Attitude + Effort = Success!!



We definitely love to share at CMS, but one thing we don't like to share is germs. It's flu season and we are sanitizing everything around here each day! Read over this information on when you need to keep your child home from school. If you haven't had your children immunized for the flu, now is a good time to do this!

Too Sick for School?

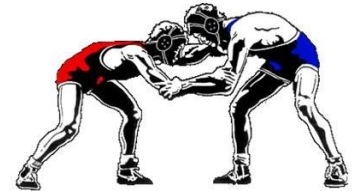
When should a child stay home from school for illness?

5 reasons your child may be too sick for school

- 1. Fever**
If a child has a temperature of 100° F or higher, your child is too sick for school. Keep them home until they have been fever free for 24 hours without the use of anti-fever medications.
- 2. Diarrhea or Vomiting**
If a child has 3 or more loose bowel movements, even if there are no other signs of illness, your child is too sick for school. Any vomiting is a reason to send a child home or keep a child home. Keep them home until vomit and diarrhea-free for 24 hours.
- 3. Rash**
There are different rules for returning to school depending on the cause of the rash. Children with contagious rashes, such as chicken pox and measles, need to be kept home. If your child has a rash AND a fever, keep them at home and talk with your healthcare provider.
- 4. Cough or Sore throat**
Children with a cough or sore throat should be watched closely. If the cough or sore throat becomes worse or if the child develops a fever, the child is too sick for school.
- 5. Other conditions**
Children with other communicable conditions such as head lice, ringworm, or scabies may need to be kept home from school. Children may need to see a healthcare provider for treatment.

Go Bruins!!!

Wrestling



Pre-season open mats are Tuesdays and Thursdays from 5:45 - 6:45 in the high school wrestling room located in the community room on Cedar Avenue across from Cedaredge Elementary school.

Official wrestling practice begins February 11 after school in the middle school wrestling room.



Girls Basketball

8th grade girls played hard against Paonia.

7th Grade Girls had an exciting victory vs. Paonia! Come see them at CMS, Tues, 2/5, vs Hotchkiss!

Please fill out, sign, and have student return to their Crew Teacher each week for credit towards their Crew grade.

Student Name: _____ Date of Progress Report/Newsletter: _____

Parent Name: _____ Parent Signature: _____

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